

WEST KIRBY | Est. 2021

The
SAIL LOFT

• COASTAL KITCHEN •

MENU

GLUTEN-FREE MENU AVAILABLE

HOW DID WE DO?

SCAN THE QR CODE
TO GIVE YOUR FEEDBACK ONLINE



If you are ordering for someone with a food allergy or intolerance, please let as staff member know.

Our guest's safety is our greatest concern, and we are proud of the service we provide to those with allergies or intolerances. We work very hard with our teams and supplies to ensure all risks are minimized. However, you should be aware that we do use products containing Allergens in our kitchen and its always possible that cross-contamination could happen in preparing your order.

For this reason, we cannot guarantee that any dish is 100% allergen free.

Porridge £4.95

Porridge oats served with berry compote & honey
 Make it vegan, just ask your server
 for an alternative with milk and no honey!

Bacon on toast £4.50

Back bacon served on toast

Sausage on toast £5.50

Sausage served on toast

Smashed avocado **VE £5.50**

Smashed avocado, tomato, lime, coriander & chilli
 on a slice of toasted bloomer

Add a poached egg £1.00**Eggs royale £8.50**

English muffin topped with smoked salmon,
 poached eggs and Hollandaise sauce

Eggs benedict £7.50

English muffin topped with back bacon,
 poached eggs and Hollandaise sauce

Eggs mushrooms **V £5.95**

English muffin topped with mushrooms,
 poached eggs and Hollandaise sauce

Full English breakfast £8.50

Bacon, sausage, poached egg, beans, toast,
 mushroom, hash browns and tomato

Full veggie breakfast **V £8.50**

Veggie sausage, mushroom, tomato, beans,
 poached egg, hash browns and toast
 Vegan option available

Kedgeree frittata £6.95

Our take on the classic smoked haddock,
 curried rice & egg frittata

Toasted bloomer / Toasted teacake £2.95**SANDWICHES**

On your choice of white or brown bloomer
 served with salad garnish & home fried nachos

Tuna mayonnaise with charred sweetcorn £4.50**Mature cheddar cheese & tomato chutney **V** £4.50****Falafel & houmous **VE** £5.50****Wirral rarebit **V** £6.50**

Hot mature cheddar cheese, beer & wholegrain
 mustard sauce served on toasted bloomer

Add bacon £1.50**Add poached egg £1.00****Homemade soup of the day **V** £4.95**

Served with bread & butter

Beer battered fish & chips £11.95

Freshly battered fish served with seasoned fries,
 mushy peas and tartare sauce

Traditional scouse £9.95

Served with braised red cabbage, bread & butter

Vegan scouse **VE £8.95**

Served with braised red cabbage,
 bread & vegan spread

The Sail Loft burger £10.95

6oz beef burger served in a toasted brioche bun
 served with seasoned fries

Add cheese £1.00**Add bacon £1.50****Chicken burger £10.95**

Breaded chicken fillets served in a toasted brioche bun
 served with seasoned fries

Moving mountains veggie burger **V £12.95**

Moving mountains burger served in a
 toasted brioche bun served with seasoned fries
 Vegan option available, please ask your server

Fish finger butty £9.95

Beer battered fish served in a brioche bun
 with tartare sauce and crispy lettuce
 served with seasoned fries

SIDES / SMALL PLATES**Fries **VE** £2.95****Guacamole served with nachos **VE** £4.95****Houmous & bread **VE** £3.95****Olives **VE** £3.95****Side salad **VE** £3.95**

V Vegetarian **VE** Vegan